



# Lisdexamfetamine



## About

Lisdexamfetamine is a medicine that stimulates certain parts of the brain. It improves concentration, helps focus attention and reduces impulsive behaviour. It may be offered to teenagers and children over the age of 5 with ADHD if at least 6 weeks of treatment with methylphenidate has not helped. Adults may be offered lisdexamfetamine as the first-choice medicine instead of methylphenidate.



## Taking the Medication

Lisdexamfetamine comes in capsule form, taken once a day. If you or your child is prescribed this medication, you'll probably be given small doses at first, which may then be gradually increased. You or your child will need to see a doctor for regular check-ups to ensure the treatment is working effectively and check for signs of any side effects or problems.



## Side Effects

Common side effects of lisdexamfetamine include:

- decreased appetite, which can lead to weight loss or poor weight gain
- aggression
- drowsiness
- dizziness
- headaches
- diarrhoea
- nausea and vomiting



## Further Information

You can read further information ADHD and treatments available here:

<https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd/treatment/>

